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NEWS RELEASE

April 1, 2020

Aben Announces COVID-19 Response

Vancouver, BC -- Aben Resources Ltd. (TSX-V: **ABN) (OTCQB: **ABNAF**) (Frankfurt: **E2L2**)** (“Aben” or “the Company”) announces that it has implemented operational procedures across the company to protect the health of its office staff, field crews, contractors, stakeholders, and local communities during the COVID-19 global pandemic. In order to mitigate the potential effects of COVID-19, office and field staff, where possible, have been working from home per government advisories and the Company expects them to remain working remotely until such advisories have been lifted. Plans for field work for 2020 will be evaluated and updated as the current COVID-19 situation evolves. Aben Resources remains well-financed with over CAD\$1.2 million in the Treasury. The company is continually monitoring the COVID-19 situation and considers the health and safety of staff and all stakeholders as paramount.

The company also announces the resignation of Donald G. Myers as Director of the Company to focus on other endeavours. Aben Resources expresses its appreciation to Mr. Myers for his many years of service and his key role in the development of the company.

About Aben Resources:

Aben Resources is a Canadian gold exploration company developing gold-focused projects in British Columbia and the Yukon Territory. Aben is a well-funded junior exploration company with over \$1.2 million in the Company’s treasury.

For further information on Aben Resources Ltd. (TSX-V: **ABN**), visit our Company’s web site at www.abenresources.com

ABEN RESOURCES LTD.

“Jim Pettit”

JAMES G. PETTIT
President & CEO

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This release includes certain statements that may be deemed to be "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that management of the Company expects, are forward-looking statements. Although management believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, and actual results or developments may differ materially from those in the forward-looking statements. The Company undertakes no obligation to update these forward-looking statements if management's beliefs, estimates or opinions, or other factors, should change. Factors that could cause actual results to differ materially from those in forward-looking statements, include market prices, exploration and development successes, continued availability of capital and financing, and general economic, market or business conditions. Please see the public filings of the Company at www.sedar.com for further information.